

Sambo Shoe Sizing Chart

US Size	3	4	5	6	7	8	9	10	11	12	13
UK Size	2.5	3.5	4.5	5.5	6.5	7.5	8.5	9.5	10.5	11.5	12.5
JP Size	215	220	230	240	250	260	270	280	290	300	310
EU Size	35	36	37.5	38	40.5	41.5	42.5	44	45.5	46.75	48

Sambo Uniform Sizing Chart

<i>Kid's Size</i>		
S	125 ~ 134 cm	4'1" ~ 4'4"
M	135 ~ 144 cm	4'5" ~ 4'8"
L	145 ~ 154 cm	4'9" ~ 5'
<i>Adult's Size</i>		
S	155 ~ 164 cm	5'1" ~ 5'4"
M	165 ~ 174 cm	5'5" ~ 5'8"
L	175 ~ 184 cm	5'9" ~ 6'
XL	185 ~ 194 cm	6'1" ~ 6'4"
XXL	195 ~ 204 cm	6'5" ~ 6'8"
XXXL	205 ~ 214 cm	6'9" ~ 7'
XXXXL	215 cm +	7'1"

Sambo Helmet Size

S	50 ~ 54 cm	19.5" ~ 21.25" inch
M	55 ~ 57 cm	21.5" ~ 22.5" inch
L	58 ~ 61 cm	22.75" ~ 24" inch
XL	62 cm +	24.25" inch +